

Three-Day Treat Contents:

- Spend a day with Anika in educational, non competitive atmosphere.
- Get first hand information by Anika and her Producer about preparing and recording drums from the drummers and producers point of view.
- Daily practicing routine workouts for pad and drumset: What is it you REALLY need to have down to reach the next level?
- Hand and foot technique and applying them to the drums in multiple ways.
- Subdivision studies and grouping System: How to create and use 21st century drumset applications.
- Creativity on the Drums: breakdown how to explore creativity in Grooves and Fills
- Finding your own voice: How to work out your own voice on the drums to create your unique profile
- Musicality: breakdown on how to train a musical sense and ear for a non harmonic instrument „the DRUMS“.
- Coordination and Independence: exercises and ideas on how to explore and develop those topics in a very usefull way on the drums

Framework for participants:

- 20 participants maximum, exclusive setting.
- A relaxed "hands-on" personal atmosphere. It is all about learning, improving, enjoying the fun of music.
- 6 hours of lessons with Anika per day | Three-Day-Treat
- Educational booklet for all participants.
- Students should bring their chair, pad(s), bassdrum pad and pedal (if available) sticks, notepad.

Framework for organizers:

- Costs for Three-Day-Treat: 3500,- € plus travelling, hotel and food. (2 Flight tickets and 2 Single Hotel rooms)
- Snacks and Drinks during the Camp
- Coordination of overnight / accomodation for participants if needed & contact person for students
- Offering a Camp Ticket with and without Overnight
- PA System für mp3 and metronome during the lessons
- Teaching room should have whiteboard or flipchart.
- 2 Drums (Tama for Anika and a Student kit both can go more simple)

Companies may assist with shipping costs for the Drums to a certain extent. This is subject to negotiation. Anika will get in touch with her companies for her Drums by time. Student Drumset can be any Company.

Day schedule (aprox. and can be adjusted)

10:00 Warm up - Bodypercussion

10:30 - 12:00 Lesson A

12:00 - 13:30 Lunchbreak

13:30 - 15:30 Lesson B

15:30 - 16:00 Coffee Break

16:00 - 17:30 Lesson C

17:30 - 18:00 official Jam with Students

approx 19.00 having Dinner all together

ANIKA NILLES | GROOVE CAMP

INFO SHEET

Day 2

10:00 Warm up - Bodypercussion

10:30 - 12:00 Lesson A

12:00 - 13:30 Lunchbreak

13:30 - 15:30 Lesson B – Drum preparation & recording

15:30 - 16:00 Coffee Break

16:00 – 18:00 Lesson C – Drum preparation & recording

approx 19.00 having Dinner all together

Day 3

10:00 Warm up - Bodypercussion

10:30 - 12:00 Lesson A

12:00 - 13:30 Lunchbreak

13:30 - 15:30 Lesson B

15:30 - 16:00 Coffee Break

16:00 – Feedback, cleaning up the room, wrap, say good bye

Chris Ryan | booking@anikanilles.com

www.anikanilles.com

